



Health & Wellbeing Policy

Wild Company Pty Ltd are committed to our employees health and wellbeing.

Wild Company Pty Ltd will provide support to staff for the advancement of their health and wellbeing.

Wild Company Pty Ltd will promote Health and Wellbeing awareness, education and provide staff with accessible, simple and sound health and wellbeing tools.

Objectives:

1. To promote a positive and equitable workplace environment, where mental health and wellbeing is supported.
2. To raise awareness within the workplace about issues that impact on health and wellbeing, including the health benefits of increased activity and healthy eating.
3. To promote and encourage participation in workplace health and wellbeing initiatives within and outside the workplace.
4. To educate employees about issues relating to health and wellbeing.
5. To minimise employee sick leave and absenteeism.

This is achieved through:

1. Organising physical activity challenges.
2. Promoting the Quit Line service to all employees.
3. Providing all employees with information on how to support and maintain positive mental health in our workplace.
4. Providing regular health checks.
5. Providing regular vaccinations such as flu vaccine shots.
6. Promoting awareness of key health issues through display of posters and health information in communal areas.
7. Communication of all of the above in company newsletters, toolbox meetings, written and/or verbal communications.


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JOHN GALLAGHER

Designated Managing Director

